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QUALIFICATION : BACHELOR OF ENVIRONMENTAL HEALTH SCIENCES, HUMAN NUTRITION AND HEALTH INFORMATION SYSTEM MANAGEMENT	
QUALIFICATION CODE: 08BOHS, 07BSHM AND 08BOHN	LEVEL: 5
COURSE: COMMUNITY HEALTH PROMOTION	COURSE CODE: CHP521S
DATE: NOVEMBER 2024	SESSION: 1
DURATION: 3 HOURS	MARKS: 100

FIRST OPPORTUNITY EXAMINATION: QUESTION PAPER

EXAMINER: MR JOSHUA HIDINWA

MODERATOR: DR LARAI AKU-AKAI

INSTRUCTIONS:

1. Answer all questions on the separate answer sheet.
2. Please write neatly and legibly.
3. Do not use the left side margin of the exam paper. This must be allowed for the examiner.
4. No books, notes and other additional aids are allowed.
5. Mark all answers clearly with their respective question numbers.

PERMISSIBLE MATERIALS:

1. None

ATTACHMENTS:

1. None

This paper consists of 6 pages including this front page

QUESTION 1

[10 marks]

Choose the correct answer.

1.1 Health Promotion can be described as:

[1]

- A. A process of grouping communities together
- B. Identify Primary group
- C. Discuss with Informal group
- D. A process of enabling people to increase control over their health

1.2 What health promotion focuses on?

[1]

- A. Secondary group level with health conditions
- B. Social determinants of health as well as on specific health issues
- C. Teenage pregnancy
- D. Community profile on disease

1.3 Marriage that unites two or more partners is an example of:

[1]

- A. Secondary group
- B. Polygamy
- C. Formal group
- D. Monogamy

1.4 A prayer group is an example of the:

[1]

- A. Secondary group
- B. Primary group
- C. Formal group
- D. Informal group

1.5 Parents and their dependent children in the same living quarters are:

[1]

- A. Hinduisms
- B. Nuclear family
- C. Family of procreation
- D. Family of orientation

- 1.6 In terms of Primary Health Care services, the role of Environmental Health Practitioners includes; [1]
- A. Malaria treatment
 - B. Health Education
 - C. Wound dressing
 - D. Midwifery
- 1.7 The different forms of communication includes: [1]
- A. Unilateral as well as listening communication.
 - B. Vertical versus horizontal communication, Single versus group communication
 - C. Single versus one-on-one communication.
 - D. Verbal versus sending messages communication.
- 1.8 Environmental Health control includes: [1]
- A. Safe water supply, good food hygiene.
 - B. Safe excreta and rubbish disposal, disinfection, and sterilization.
 - C. Vector and animal reservoir control, good living and working conditions.
 - D. Good food hygiene.
- 1.9 Primary Health Care Services includes: [1]
- A. Immunization, Health education and Nutrition.
 - B. Agriculture.
 - C. Water.
 - D. Housing.
- 1.10 A particular community of people is referred to as: [1]
- A. Family.
 - B. Government.
 - C. Society.
 - D. Group.

QUESTION 2**[10 MARKS]**Match the statement in column **A** to the corresponding concept(s) in column **B**.

COLUMN A	COLUMN B	Marks
2.1. Culture	A. The aggregate of people living together in a more or less order community.	[1]
2.2. Social Control function	B. Is a shared way of living in a given society.	[1]
2.3. Status	C. Share cultural values of communities in which they live.	[1]
2.4. Values	D. Is a particular form of social inequality, refers to social groups ranked one above the other.	[1]
2.5. Roles	E. Any collection or aggregation of people who enter into interaction with one another.	[1]
2.6. Society	F. Is a lifelong process by which individuals learn the culture of their own society.	[1]
2.7. Socialization	G. Hierarchical position of the individual within a group or a group within a community.	[1]
2.8. Social stratification	H. Guidelines for behaviour and prescribe what is acceptable in a particular society.	[1]
2.9. Social groups	I. Set of norms associated with a particular position.	[1]
2.10 Norms	J. What is desirable and worth striving for.	[1]
	K. Number of norms that define how an individual occupying a particular status is expected to act.	[1]
	L. The family exercises a great deal of control on social and sexual behaviour of the adult and the child.	[1]

QUESTION 3

[10 MARKS]

3. Assess the following statements and decide whether they are True or False.

Write only the number of questions next to **T for true** and **F for false**.

- 3.1. Some form of religious instructions does not take place at home. [1]
- 3.2. According to one culture traditional medicine cannot cure HIV/AIDS. [1]
- 3.3. Religion can be described as belief in your cultural spirit. [1]
- 3.4. *Oshiwambo* people are the minority ethnic group in Namibia. [1]
- 3.5. Education can be described as a study of culture in the world. [1]
- 3.6. There was more emphasis on preventive health care as well as promotive health care before the adoption of Primary Health Care approach. [1]
- 3.7. Sickness is a subjective phenomenon in which individuals perceive themselves as being sick. [1]
- 3.8. Primary Health Care is not yet an integrated part of Namibia's health system. [1]
- 3.9. Poverty is a deviant behaviour. [1]
- 3.10. Social movements are closely related to social changes. [1]

SECTION B**[30 MARKS]****QUESTION 4****[10 Marks]**

4. Define the following concepts:

4.1. Health Education. [2]

4.2. Health according to World Health Organization. [2]

4.3. Sociology. [2]

4.4. Culture. [2]

4.5. Communication. [2]

QUESTION 5**[20 marks]**

5.1. Discuss the approaches to Primary Health Care services in Namibia. [10]

5.2. The principles of Primary Health Care approach could be classified into Equity, Accessibility and Affordability with clear and concise examples, elaborate on these concepts:

5.2.1. Equity. [3]

5.2.2. Accessibility. [3]

5.2.3. Affordability. [4]

SECTION C**[40 MARKS]****QUESTION 6****[20 Marks]**

6.1. Summarise the elements of PHC services. [10]

6.2. There are five (5) important Visual Communication Elements namely Posture, Hand Gestures, Facial Expressions, Eye Contact and Space. Give a concise explanation of each element/concept. [10]

QUESTION 7**[20 Marks]**

7.1. Describe the principles of health education. [10]

7.2. Explain the negative and positive implications of religion towards health. [10]

Good Luck!