

Faculty of Health, Natural Resources and Applied Sciences

School of Health Sciences

Department of Preventative **Health Sciences**

NAMIBIA

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QUALIFICATION: BACHELOR OF HUMAN NUTRITION	
QUALIFICATION CODE: 08BOHN	LEVEL: 6
COURSE: FOOD COMPOSITION AND ANALYSIS	COURSE CODE: FCA621S
DATE: JANUARY 2025	SESSION: 2
DURATION: 3 HOURS	MARKS: 100

SECOND OPPORTUNITY EXAMINATION: QUESTION PAPER

EXAMINER:

MS FIINA K. NAMUKWAMBI

MODERATOR:

MR GEORGE WALIOMUZIBU MUKISA

INSTRUCTIONS:

- 1. Answer all questions on the separate answer sheet.
- 2. Please write neatly and legibly.
- 3. Do not use the left side margin of the exam paper. This must be allowed for the examiner.
- 4. No books, notes and other additional aids are allowed.
- 5. Mark all answers clearly with their respective question numbers.

PERMISSIBLE MATERIALS:

1. None

ATTACHMENTS

1. None

This question paper consists of 5 pages including this front page

QUESTION 1: MULTIPLE CHOICE QUESTIONS

[15 MARKS]

Evaluate the statements in each numbered section and select the most appropriate answer or

•		om the given possibilities. Fill in the appropriate letter next to the nur atement/phrase on your ANSWER SHEET.	
1.1		ard of identity means specify type and amounts of ingredients th in if they are to be called by a particular name on the food label.	at certain foods must (1)
		. True . False	
1.2		a small portion taken for analysis	(1)
	В. С.	SamplingPopulationSampleSelection	
1.3	proced A. B. C.	bility to measures the lowest concentration of a component that can dure. Precision Flexibility Sensitivity Reproducibility	be detected by a given (1)
1.4	A. B.	orced draft oven used in moisture content determination employs. Air circulated by a fan that forces air flow throughout the oven Use gravity convection They are often characterized by considerable temperature variatio	(1) ns inside the chamber.
*	D.	. All of the above	
1.5	Mid-in	nfrared spectroscopy is used in infrared milk analysers to determine r	milk protein content. (1)
		True False	
1.6		method of moisture content analysis includes determine the sample patter present in a sample.	property that correlate (1)
		True False	
1.7	A.	ins are complex polymers of amino acids: True False	(1)

1.8 Lowry method detects substances containing at least two peptide bonds, i.e. large peptides and

all proteins. A. True

B. False

(1)

	many foods the lipid component plays a major role in determining the overall nysical characteristics, such as flavour, texture, mouthfeel and appearance. A. True B. False	(1)
1.10	Measurement of adsorption of radiation in lipids includes. A. Infrared B. UV-visible C. All of the above D. None of the above	(1)
1.11	This is a Monosaccharide A. Galactose B. Maltose C. Cellulose D. Starch	(1)
1.12	Analytical techniques used in lipid determination includes.	(1)
	A. Solvent extraction.B. Instrumental methodsC. All of the aboveD. None of the above	
1.13	Vitamins are found in food as precursors which are known as provitamins. A. False B. True	(1)
1.14	Functional foods are food that contains components that offer health benefits beyond Their basic nutritional value.	(1)
	A. True B. False	
1.15	AOAC stands for.	(1)
	 A. American Analytical Control Center B. Association of the Official Analytical Chemists C. American Association of Cereal Chemists D. Africa Association of Control chemists 	

SECTION B: LONG ANSWER QUESTIONS [85 MARKS] Please answer ALL of the questions in this section. [20 MARKS] **QUESTION 2:** (10)2.1 Briefly discuss any five (5) reasons for food analysis. 2.2 Analysis of the properties of a food material depends on the successful completion of several steps. Outline these steps. (6)(4)2.3 State the importance of moisture content analyses. [27 MARKS] **QUESTION 3:** 3.1 Outline the importance of vitamins analysis. (3)3.2 Give details on general extraction procedures of the following vitamins 3.2.1 Ascorbic acid: (1)3.2.2 Vitamin B1 and B2: (1)3.2.3 Niacin: (1)3.2.4 Folate: (1) 3.3 Clarify steps in testing for Niacin using Microbiological assay. (7)3.4 Differentiate between Minerals and Minerals content. (4)3.5 Examine procedures of sample preparation during ash content determination. (5)3.6 Mention five (5) traditional methods used for analysing minerals. (4)**QUESTION 4:** [26 MARKS] 4.1 The Kieldahl method is a common method used in protein analysis. Clearly name and describe the five (5) steps carried out in sequence when using Kjeldahl method. (10)

List the factors to be considered during protein separation procedures.

Explain the sample preparation in solvent extraction methods in lipids.

In summary, compose the procedures of carbohydrates: Somogyi –Nelson method.

4.2

4.3

4.4

(2)

(6)

(8)

	END OF QUESTION PAPER	
5.3	Describe the health benefits functional components of food.	(4)
5.2	During carbohydrates analysis using HPLC there is stationary phases. Outline three (3) stationary phases.	(3)
5.1	State the advantages of IR (Infrared lamp) drying.	(5)
QUESTION 5:		