



PAMIBIA UNIVERSITY
OF SCIENCE AND TECHNOLOGY

FACULTY OF HEALTH, APPLIED SCIENCES AND NATURAL RESOURCES

DEPARTMENT OF HEALTH SCIENCES

QUALIFICATION : BACHELOR OF HUMAN NUTRITION	
QUALIFICATION CODE: 08BOHN	LEVEL: 8
COURSE CODE: CNN811S	COURSE NAME: COMMUNITY NUTRITION
SESSION: JUNE 2022	PAPER: THEORY
DURATION: 3 HOURS	MARKS: 100

FIRST OPPORTUNITY EXAMINATION-QUESTION PAPER	
EXAMINER(S)	MR WALIOMUZIBU MUKISA GEORGE WILLIAM
MODERATOR:	MRS MARIE-LOUIS JEFFERY

INSTRUCTIONS
1. Answer ALL the questions. 2. Write clearly and neatly. 3. Number the answers clearly.

PERMISSIBLE MATERIALS

NONE

THIS QUESTION PAPER CONSISTS OF 3 PAGES (Including this front page)

SECTION A:

(37 MARKS)

QUESTION 1

(37 MARKS)

Read each question completely, and on your ANSWER SHEET, next to the question number, please write the full answer to the questions

- 1.1 Outline six (6) steps followed when developing a nutrition program (6 marks)
- 1.2 Outline five (5) importance of conducting a needs assessment before developing a nutrition program (5 marks)
- 1.3 Outline the six (6) essential nutrition actions (6 marks)
- 1.4 Explain the difference between the following community nutrition terms
- 1.4.1 Nutrition education and nutrition counselling (4 marks)
 - 1.4.2 Survey approach and key informant approach (4 marks)
 - 1. 4.3 Community needs assessment and program development (4 marks)
 - 1.4.4 Health Belief Model and Stages of change model (4 marks)
 - 1.4.5 Health communication intervention and Health education intervention (4 marks)

SECTION B:

(44 MARKS)

QUESTION 2

(44 MARKS)

- 2.1 Explain the term collaborative approach in community needs assessment (2 marks)
- 2.2 Explain the five (5) steps involved in conducting in community needs assessment (10 marks)
- 2.3 Explain five (5) ethical principles of counselling (10 marks)

- 2.4 Explain five (5) steps followed in the stages of change model (10 marks)
- 2.5 Define the term food and nutrition surveillance system (2 mark)
- 2.6 Explain three (3) methods of setting up a food and nutrition surveillance system (6 marks)
- 2.7 Outline four (4) the key components of management system of nutrition programme (4 marks)

SECTION C: (19 MARKS)

QUESTION 3 (19 MARKS)

- 3.1 Develop a problem statement from a nutrition situation in your community and formulate the goals and objectives of a programme designed to tackle the problem (10 marks)
- 3.2 Explain how a nutritionist can conduct a nutrition counselling session (5 marks)
- 3.3 Explain the two (2) critical nutrition actions important to People Living with HIV and chronic illnesses (4 marks)

!!!!!!!!!!!!GOOD LUCK!!!!!!!!!!!!