

Faculty of Health, Natural Resources and Applied Sciences

School of Health Sciences

Department of Preventative Health Sciences

13 Jackson Kaujeua Street T: +264 61 207 2970
Private Bag 13388 F: +264 61 207 9970
Windhoek E: dphs@rust.na AIBIMAN

W; www.nust.na

UALIFICATION: BACHELOR OF HUMAN NUTRITION		
QUALIFICATION CODE: 08BOHN	LEVEL: 6	
COURSE: FOOD COMPOSITION AND ANALYSIS	COURSE CODE: FCA621S	
DATE: NOVEMBER 2023	SESSION: 1	
DURATION: 3 HOURS	MARKS: 100	

FIRST OPPORTUNITY: QUESTION PAPER

EXAMINER:

MS. EFAISHE TWUHANGA ANGALENI KAVELA

MODERATOR:

MR. GEORGE WALIOMUZIBU MUKISA

INSTRUCTIONS:

- 1. Answer all questions on the separate answer sheet.
- 2. Please write neatly and legibly.
- 3. Do not use the left side margin of the exam paper. This must be allowed for the examiner.
- 4. No books, notes and other additional aids are allowed.
- 5. Mark all answers clearly with their respective question numbers.

PERMISSIBLE MATERIALS:

1. No Permissible materials

This paper consists of 4 pages including this front page

QUESTION 1: MULTIPLE CHOICE QUESTIONS

[10 MARKS]

Evaluate the statements in each numbered section and select the most appropriate answer or

phrase from the given possibilities. Fill in the appropriate letter next to the number of the correct statement/phrase on your ANSWER SHEET.

corre	ct statement/phrase on your ANSWER SHEET.
	[10]
1.1 Sa	ampling is done from a of food material (1)
	. Small quantity
В	
C	
D	. None of the above
1.2 T	ne analytical technique selection is based on: (1)
	. The number of people available to carry out the analysis.
В	
	The property to be measured.
С	Information about other analytical techniques
1.3 T	he ability to replicate an answer by scientists using the same experimental approach but
ir	different laboratories using different equipment is called (1)
Α	precision
В	. flexibility
С	. accuracy
D	. reproducibility
1.4 T	he water that retains its physical properties and acts as a dispersing agent for colloids
а	nd the solvent for salts is known as: (1)
Α	. Adsorbed water
В	. Evaporated water
С	. Free water
D	. water of hydration
1.5 P	roper handling of samples intended for moisture content analysis includes: (1)
Α	. Leaving the sample at room temperature
В	. Leaving enough headspace in the container
C	. Minimizing any heating of a sample by friction during grinding
D	. Pre-drying the sample
1.6 D	etermination of specific minerals involves using certain physicochemical characteristics
	o distinguish different minerals. These characteristics include: (1)
	. Their low volatility
B	. Their ability to react with specific chemical reagents.

D. All of the above

C. Their unique electromagnetic spectra

1.7	The	e protein analysis can be difficult because	(1)
	A.	Some food components contain inorganic compounds	
	В.	Some food components contain too much moisture	
	C.	Some food components contain similar physicochemical properties	
	D.	None of the above	
1.8	The	Biuret method for analyzing proteins looks at the	(1)
	Α.	Substances containing at least two peptide bonds	
	В.	Nitrogen% in the sample	
	C.	Amino acids in the sample	
	D.	Absorption of radiations by molecules	
1.9	Thi	s is an Oligosaccharide	(1)
	A.	Galactose	
	В.	Maltose	
	C.	Cellulose	
	D.	Glucose	
1.1	0	AACC stands for:	(1)
	A.	American Analytical Control Center	
	В.	American Analytical Control Chemist	
	C.	American Association of Cereal Chemists	
	D.	Africa Association of Control chemists	

SECTION B: SHORT ANSWER QUESTIONS

[44 MARKS]

Please answer ALL of the questions in this section.

QUESTION 2 [44 MA22.1 Define the following terms.	(10)			
a) A sample	(2)			
b) Precision	(2)			
c) Continues population.	(2)			
d) Specificity	(2)			
e) Mineral contents	(2)			
2.2 Nutritional labeling is mandatory for almost all food types. List five (5) important				
pieces of information included on the label.	(5)			
2.3 Name five (5) important points one should keep in mind when using vacuum oven. (
2.4 Outline Five (5) properties of lipids in food.				
2.5 List five (5) methods that are used to test Mono- and Oligosaccharides				

- 2.6 outline the principle of Total Carbohydrates, Phenol-Sulfuric acid method. (6)2.7 Vitamins are sensitive to ultraviolet (UV) light, air (and any prooxidants), high temperatures, and moisture. What steps would you take to avoid adverse changes in vitamins? (4)
- 2.8 As an analyst, it is important to always keep a detailed notebook, so that should anything happen, traceability will be easy. What information would you keep in this notebook? (4)

SECTION C: LONG ANSWER QUESTIONS

[46 MARKS]

QUESTION 3

[10 MARKS]

Discuss five (5) reasons for analyzing food

QUESTION 4 (8)

You have analyzed moisture content from some food samples in your lab recently. Outline the procedures you have followed during this experiment.

QUESTION 5 (13)

The Kjeldahl method is a common method used in protein analysis. Clearly discuss the four (4) steps carried out in sequence when using Kjeldahl method.

QUESTION 6 (15)

Before you start analysing vitamins from a food product, you need to extract the vitamin from the food sample/matrix. Explain how you would extract any five (5) vitamins of your choice, from the food matrix.

END OF QUESTION PAPER